



# Your Wellness Card user guide

Think of this card as an extra bump to your wellness budget. It gives you more spending freedom for the healthy lifestyle perks that help keep you fit.

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## How to use your card:

- During checkout, swipe your card and select “credit” (no pin necessary).
- If your card isn’t accepted, you can pay upfront, then enter a claim for reimbursement on the member website or mobile app.
- Make sure to hold onto your card. Funds will be reloaded each year that you’re still eligible.

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## Use your card on your favorite wellness extras, like:

- Fitness centers (gym memberships, fitness classes, personal training).
- Health food stores (GNC, Feel Rite, Vitamin World, etc.).
- Wearable devices.
- Sports camps, clubs, and lessons.
- Sports stores.
- Races and fun walks.
- Weight loss programs/apps (Weight Watchers®, Noom®).

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## Try a virtual card for easy checkout:

You can add your Wellness Card to a mobile wallet app, which lets you virtually store your credit and debit cards in one place. Then, access it using your preferred payment app (Apple Pay, Google Pay, or Samsung Pay) to make contactless payments from your phone.

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## Access your online account.

To set up your account, register or log in at **member.highmark.com** and click **Manage** under Spending Account Balance. From there, you can:

- Access your personal dashboard.
- View your balance.
- Enter claims to request reimbursement.
- See messages and alerts, including requests for receipts.

You can also sign up for email and text notifications to make sure you're always updated on your wellness details. Access them on your personal dashboard.

## Download the Highmark Blue Shield Spending app.

It has the same tools as the website for managing your wellness account, but with on-the-go mobile access. Find it in your phone's app store.

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## How your card balance works:

The value of your card is \$250 per year. As you use it, the amount you spend will be deducted from your Wellness Card account. If you spend the full allowance, you won't be able to use your card until your plan renews and new funds are added.

If you have other spending accounts, like an HSA or FSA, those funds will also be loaded to your Wellness Card. As you spend, the different accounts will be deducted based on what you buy.

Remember, your Wellness Card balance will not carry over to the next year.

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## QUESTIONS ABOUT YOUR WELLNESS CARD? Just give Member Service a call at the number on the back of your member ID card.

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